

# Belly-Ease™

Chewable Digestive Enzyme Pro-biotic combo tablet for Adults and Children. Extra enzymes for gluten sensitivity and now with 12 different species of probiotics. With L.E.A.D.S.® Live Enzyme Activated Delivery System®



## A High Performance Broad Spectrum Digestive Enzyme with 12 Pro-Biotics in a chewable tablet that even kids will love.

**Belly-Ease™ Chewable** is the most complete way to support your digestive system with a total digestive solution. It is a high performance, broad-spectrum digestive enzyme formula combined with billions of beneficial live probiotics. Using the highest quality vegetarian enzymes provides support on many levels. This 100% natural and non-animal based enzyme formula is manufactured under the strictest standards for optimal function of the digestive system.

### Belly-Ease™ Chewable

- Nineteen different vegetarian digestive enzymes for complete digestion
- New Feature, DPPIV enzymes for those with gluten sensitivity
- 2 Billion CFU's of Live Probiotics to support digestion and the immune system
- Whole Food Vitamin C from Acerola Cherries for immune boosting
- 100% DV of Chelated Zinc to support the immune system all minerals are TRAACS®
- Only natural fruit flavors, with No artificial colors
- Convenient chewable tablet for Adults and children
- Exclusive L.E.A.D.S.® Delivery system for maximum bioavailability

Modern day lifestyles and eating habits are contributing to a startling decline in the quality of nutrition that we are able to absorb. A growing number of people are faced with health issues as a result of questionable nutrition from fast food dining and junk food snacking. Others may also have problems with nutritional deficiencies related to insufficient food consumption or a diet with limited variety. All of us need to eat fresh fruits, fresh vegetables and lean proteins, but this does not always happen. Also many lifestyle factors are killing off our natural balance of intestinal flora, called probiotics, which further inhibits our system from even getting the nutrition from the food we eat.

### Brief Description of Enzymes

### What they digest

<b>Protease, Peptidase</b>	<b>Proteins</b>
<b>Amylase, Alpha-Galactosidase</b>	<b>Carbohydrates</b>
<b>Glucoamylase, Invertase, Malt Diastase</b>	<b>Glucose/sugars</b>
<b>Lipase</b>	<b>Fats and oils</b>
<b>Lactase</b>	<b>Lactose and milk sugars</b>
<b>Phytase</b>	<b>Releases plant minerals</b>

**NWC Naturals**® is proud to announce the release of the first high performance chewable digestive enzyme probiotic combination, which will promote health and wellness by assisting your digestive system in thoroughly and effectively breaking down food. One **Belly-Ease™ Chewable** tablet with each meal will increase the bio-accessibility of all the nutrients in the food consumed thus insuring the maximum nutritional benefit. The addition of Billions of beneficial live probiotic cultures not only helps digestion, but also strengthens the immune system. Whole food Vitamin C and Chelated Zinc complete the immune support.



**L.E.A.D.S.®** - like all of NWC Naturals® products **Belly-Ease™ Chewable** contains our exclusive **L.E.A.D.S.® Live Enzyme Activated**

**Delivery System®.**

It is NWC Natural's delivery system that guarantees assimilation and utilization of the nutrients at the cellular level. **L.E.A.D.S.®** is a proprietary system of adding a blend of select enzymes for the purpose of improving the release and absorption of nutrients. This special blend of supplemental enzymes and chelated minerals works to extract the nutrients from the diet in the most bioavailable form so the body can use them easily and efficiently. The **L.E.A.D.S.®** enzyme delivery system is formulated to match the specific needs of each individual NWC Naturals® product and is based on a unique and proprietary method.

**Ingredient Overview**

**Protease** - proteases refers to a group of enzymes whose function is to break down proteins; they are also referred to as proteolytic enzymes or proteinases. The proteins are broken down to their basic building blocks - amino acids. In order to have the amino acids available to the body, these enzymes have to break down the proteins to free them. This important compound is the key to digestive health. **Ultra-Enzyme Support® PLUS Chewable** formula contains four different proteases.

**Amylase** - amylase refers to a group of enzymes that breaks down sugars and starches. They are required to digest carbohydrates (polysaccharides) into smaller units (disaccharides), and eventually converting them into even smaller units (monosaccharide) such as glucose.

**Diastase** -, is an enzyme that is the catalyst in the hydrolysis of disaccharide maltose to the simple sugar form – glucose. When starch is eaten, it is partially digested and transformed to maltose by both the saliva enzymes and pancreatic enzymes called amylases. The maltase secreted in the intestines converts this maltose into the useable sugar, glucose. The glucose can be used immediately or stored in the liver for future use.



**Supplement Facts**

Serving size: 2 chewable tablets  
Servings per container: 90

Amount per serving	%DV
Vitamin C (from whole food Acerola Cherry extract)	5 mg 8%
Zinc (from bisglycinate chelate)	5 mg 33%

**NWC Naturals® Proprietary Vegetarian Digestive Enzyme Blend: 160 mg\***  
Protease 6.0, Protease 4.5, Protease 3.0, Protease AM, Peptidase, Amylase, Glucoamylase, Invertase, Diastase, Alpha-Galactosidase, Phytase, Pectinase, Xylanase, Cellulase, Lactase, Lipase, Hemicellulase, Dipeptidyl Peptidase

**NWC Naturals® Proprietary 12 Probiotic Blend: 2 Billion\***  
L. Acidophilus DDS-1, L. Casei, L. Gasseri, L. Plantarum, L. Reuteri, L. Rhamnosus, L. Salivarius, Lactococcus Lactis, B. Lactis, B. Longum, B. Infantis, S. Thermophilus.

**L.E.A.D.S.®** (Proprietary Live Enzyme Activated Delivery System): 53.5 mg\* is a proprietary delivery system containing Zinc Bisglycinate Chelate, Calcium Bisglycinate Chelate, Magnesium Bisglycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Chromium Bisglycinate Chelate. All minerals in the **L.E.A.D.S. Delivery System** are 2% or less of the daily value.

FOS fructooligosaccharides 25 mg\*

\* Probiotic CFUs at time of manufacture. Although shelf stable, to maintain higher potency store in the refrigerator.

\*Daily Value (DV) not established

Other Ingredients: Reduced Cane Juice, Citric Acid, Natural Fruit Flavor, Beet Root Juice Powder, Silicon Dioxide, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

All Chelated Minerals are Albion TRAACS®.

Manufactured Exclusively for NWC Naturals® Inc. Laguna Hills, CA 92653 888-207-3480



**Lipase** - is the enzyme required to break down fats and lipids. In order for fat to be digested properly, the liver must first start the process by emulsifying the large fat molecules. Then bile breaks them down to small droplets, allowing the lipase to start its work.

**Lactase** – lactase is produced in the small intestine and is required to break down lactose (a primary sugar found in mammalian milk) into two simple sugars. It is mandatory in the digestion of milk and milk products. People, who do not make any lactase, or enough lactase, are considered lactose intolerant.

**Glucoamylase** - is used to breakdown carbohydrates, specifically polysaccharides.

**Invertase** - this enzyme breaks down carbohydrates, especially sucrose.

**Pro-Biotics** are organisms and substances that help improve the environment of the intestinal tract. These organisms produce acids (such as acetic acid and lactic acid) and other compounds, which inhibit the growth of "bad" bacteria and promote "good" intestinal flora. Science supports that an important first line of defense in immunity is intestinal flora. Ultra-Enzyme Support® PLUS™ chewable supplies three Billion CFU's (in a days' supply) of the two most important stabilized strains of "live good guy" bacteria,

**Lactobacillus Acidophilus DDS-1** and **Bifidobacterium Bifidum** are specifically chosen for their special benefits to the immune system and digestive tract. Along with preventing infective organisms from gaining a foothold in the GI tract, these strains of bacteria also enhance the activity of immune cells while improving digestion and good bowel habits.

**Bifidobacterium bifidum** is a normal inhabitant of the intestines. Found in large numbers, especially in children and adolescents, the numbers of bifidobacteria decrease with age. *B. bifidum* helps detoxify the intestines and promote regular bowel movements.

**Lactobacillus Acidophilus DDS-1** This DDS-1 strain of Lactobacillus acidophilus is a unique, highly-stable probiotic microorganism, which, when produced according to Dr. Shahani's proprietary methods, has been shown through research to display the following characteristics.

### Unique DDS-1 Benefits:

- Produces B-vitamins and folic acid
- Prevents carcinogenesis
- Selectively prevents the adhesion of pathogenic coliform to the cell wall
- Aids in the alleviation of "traveler's diarrhea" and constipation
- Inhibits stomach ulcer and cancer-causing Heliobacter pylori
- Relives dermatitis and other skin disorders
- Shown to reduce serum cholesterol levels
- Inhibits the growth of 23 toxic microorganisms
- Reduces lactose intolerance
- Stimulates immune system



# Questions

## 1. How do I use Belly-Ease™ Chewable properly?

**Belly-Ease™ Chewable** should be taken with every meal. Chew 1-2 tablets, depending on the complexity of the meal and the size of the meal. **Belly-Ease™ Chewable** should be taken just before or during meals, for help with stomach related symptoms like gas, heartburn, acid reflux, water retention, bloating, fatigue, etc.

## 2. What type of research is behind the Belly-Ease™ Chewable?

**Belly-Ease™ Chewable** combines the latest research and clinical studies into one powerful formula. The probiotics in this formula were selected after consulting with Dr. Khem Shahani from the University of Nebraska. Dr. Shahani was recognized as the world's foremost authority on beneficial bacteria supplementation and was a pioneer in the discovery of DDS-1 Acidophilus.

## 3. What can I expect to feel after taking this formula?

People suffering from gas, heartburn, bloating, cramping, fatigue after eating or cravings, may expect these symptoms to diminish after just a few weeks of taking this formula. Other enzyme deficiency related conditions will improve over time depending on the individual. You should notice significant improvement of these conditions within 2-3 weeks of taking the formula faithfully.

## 4. What is the difference between plant and animal based enzymes?

Plant-based enzymes are derived from many sources including pineapple, papaya and vegetarian based fermentation. Animal-based enzymes are extracted from the pancreatic tissue of slaughtered pigs and cows. The high pH environment of the small intestine is the only place animal-based enzymes can function, as they are extremely sensitive to low pH ranges. This means that animal based enzymes may not survive outside of this environment. Plant-based enzymes are not destroyed by the acidic conditions of the stomach and, therefore, are stable in the upper stomach where they can begin processing food immediately. NWC Naturals® will never use animal-based enzymes from the slaughterhouse.

## 5. Can I take Ultra Belly-Ease™ Chewable while I am on medication?

This formula has not been shown to interact with any medication. However, if you have any specific questions, please direct them to your physician.

## 6. Are there side effects with Belly-Ease™ Chewable?

When taken as directed, there are no known side effects with this formula.

## 7. Can I give Belly-Ease™ Chewable to my small children?

Yes. If they are too young to chew tablets, you can crush the tablet and put it into some food. Any cold or room temperature food or beverage will do. Remember heat and cooking destroys enzymes and probiotics.

## 8. I already take a multivitamin, why take this formula in addition?

Multivitamins provide general nutritional support to the body, but only, if you have enough good bacteria in your body to allow for absorption. **Belly-Ease™ Chewable** uses 12 different strains of probiotics to help clean your system of toxins and improve nutrient absorption, plus the enzymes to digest and deliver the nutrition from your food.

