



How to use Oxy-pH Boost™ for people

For general immune support and to alkalinize your drinking water:

Put 15 drops in 4-6 ounces of purified water and drink twice a day.

This can be done for 3 weeks straight, stopping for one week and then

repeat. For any food related bacterial issues such as foreign travel or consuming water that is not the purest take 30 drops of Oxy-pH Boost™ in an eight-ounce glass of water once or twice a day.

General Suggestions:

Always dilute Oxy-pH Boost™ in water. Never use Oxy-pH Boost™ together with your probiotics at the same time. Wait at least 1 1/2 to 2 hours before using Oxy-pH Boost™ after taking your Probiotics. Do not exceed the dose amounts stated on the bottle. Do not use Oxy-pH Boost™ for more than 3 weeks in a row. Stay off it for one week and then it is safe to repeat another 3 weeks on. This will make it impossible to become too alkaline. If you accidentally get Oxy-pH Boost™ in your eyes, immediately flush your eyes with fresh water. Oxy-pH Boost™ should never be applied in the concentrated form directly to the skin or mouth. Pregnant or nursing mothers should not use Oxy-pH Boost™ unless directed by their MD. The diluted amounts in stored emergency water, however, are considered safe. Undiluted Oxy-pH Boost™ can bleach fabrics – BE CAREFUL.



For Yeast and Candida overgrowths:

When dealing with Yeast, always team up Pro-Biotics Plus® with Oxy-pH Boost™. Our probiotic formula Pro-Biotics Plus® Stick Packs is highest in CFUs (colony forming units) at forty billion and has twelve different strains, which is essential when trying to crowd out and control yeast and candida. **Recommendations for Controlling Yeast:** Take one half Pro-Biotics Plus® stick pack with each meal. Then in-between meals take Oxy-pH Boost™ three times a day diluted in water. Use 10-15 drops in an eight-ounce glass of water to help control candida yeast overgrowths. Use Oxy-pH Boost™ for three weeks straight and then stop for one week and then repeat if necessary. We also recommend using a heavy metal de-tox formula like Transfer-Tox™ since heavy metals toxicity can cause yeast and candida to linger.

De-Toxing with Transfer-Tox™:

Take at night, right before bedtime. Start with one capsule per night for the first week and then increase to two capsules per night. You may go as high as three capsules at bedtime without any uncomfortable De-Tox reaction. If you start detoxing too fast and experience any detox symptoms just cut back to one capsule at bedtime. See web site [Transfer-Tox™](#) for more information.

Oxy-pH Boost™ as a Mouth Wash:

Use 10 drops of Oxy-pH Boost™ in 2 ounces' water swish for two minutes and then spit out. Oxy-pH Boost™ removes the bio-film that causes plaque and bad breath.

Quick energy pick-me-up:

Always dilute Oxy-pH Boost™ in water. Use the dropper and put 8 drops in 4oz of water for a quick oxygen energy boost for those mid-afternoon lulls.

Topical use anti-bacterial, insect bites and more:

As a topical disinfecting agent (applied to the skin), Oxy-pH Boost™ has a therapeutic application. When applied topically, Oxy-pH Boost™ acts as an osmotic agent, similar to the application of Epsom salts. When Oxy-pH Boost™ is applied to skin irritations (such as poison ivy or insect bites) this osmotic effect assists in the removal of the toxins that create the irritations. **WARNING:** Oxy-pH Boost™ used full strength can cause skin irritation. If applying to skin use a two to one mixture (2 parts water and 1 part Oxy-pH Boost™) and use caution. Oxy-pH Boost™ should never be applied in the concentrated form directly to the skin or mouth.

Safe Water Storage:

Among the many useful applications of the active ingredient in Oxy-pH Boost™, the most common is as a worldwide bacteriostatic agent. The agent in Oxy-pH Boost™ is sodium chlorite (a chlorine dioxide precursor) – an active ingredient that controls microorganism's growth in water. For this reason, it is used extensively as a safe water purifier in many countries. To help keep your bottled water purified, start with a clean container, add a few drops of Oxy-pH Boost™ to the water, cap it and it will stay fresher longer. To keep your earthquake or disaster stored water fresh add 15 drops of Oxy-pH Boost™ to each Gallon. In the application of water storage, it is recommended that you first start with a clean container and add purified water – preferably water that has undergone the process of reverse osmosis or any other suitable method of extracting impurities. It is recommended that you change that water annually to ensure you are drinking quality water in the event of an emergency.

Oxy-pH Boost™ can be used both orally and topically to kill yeast, fungus and bad bacteria

Recommended Oral Use for Pets

For a healthy Immune System Once a day; Mix 1-2 drops, per each 20 lbs. of your pet's body weight in 1/2 ounce of water. Use a dropper or oral syringe. Take the mixed solution carefully squirt the mixture into the pet's mouth along the pet's tooth line but not down the throat to avoid choking and the getting the fluid in the lungs. In addition, you could put 3-6 drops in the water bowl whenever you empty and refill the bowl it will keep it fresh and germ free. Do this for three weeks and then stop use for one week then repeat.

As a Natural Candida Remedy: Oxy-pH Boost™ For Pets should be combined with Total-Biotics®

When dealing with Yeast in pets you must use Total-Biotics® and Oxy-pH Boost™ together as a combined treatment. The Oxy-pH Boost™ is a temporary treatment and is on an as needed basis, whereas the Total-Biotics® should be a lifelong approach to balancing a healthy pet's intestinal tract.



Directions for adding Total-Biotics® for a candida program:

When you use Total-Biotics® on your pets' food we recommend you double the normal dose to help get the yeast under control. That would make it two scoops of Total-Biotics® per cup of food, whenever you feed your pet. Try to use Oxy-pH Boost™ away from the probiotics. We recommend waiting at least one to two hours before using Oxy-pH Boost™ after giving your pet any Probiotics. The small amount of Oxy-pH Boost™ in the water bowl will not be a problem.

When adding Oxy-pH Boost™ to the water dish:

Add 3-6 drops of the Oxy-pH Boost™ concentrate to a pet's water dish each time it is emptied and refilled, especially when traveling out of state or country. Oxy-pH Boost™ for pets can help keep the water pure, and may help freshen breath or promote gum health, for you and your pet. Do this for three weeks and then stop use for one week then repeat.

Topical use for pets:

To use Oxy-pH Boost™ topically: mix one teaspoon with 1/2 cup of water. Then dip in a cotton ball or small gauze and use on the area that needs to be treated. You may also use this solution in a small spray bottle, and then blot off excess. For pets this can be used on the ears or their bellies. Or wherever there might be a bug bite or irritation on the skin. **Do not use full strength, always dilute in water.** Continue three times a day until condition clears up.

Oral Hygiene and bad breath:

Oxy-pH Boost™ it's perfect for spraying on or brushing your pet's teeth. Place 8 drops in a glass with about 1 ounce purified of water and soak the tooth brush bristles before brushing. Or put the diluted mixture in a spray bottle and spray it on. You may also use Ultra-Pure MSM™ for pets on the toothbrush to remove stains, plaque and for general good oral health.