

# Pro-Biotics Plus® Capsules

Super Immune Support

With L.E.A.D.S.®

Live Enzyme Activated Delivery System®



## NEW and Improved, now with DOUBLE the Probiotics!

### Our Immune System Is Not What It Used To Be!

Over the past 50 years devitalized food sources and poor eating habits have robbed the body of the vital nutrients it needs to remain in optimal health. An increase in prescription medications, like antibiotics, coupled with daily exposure to chemicals, toxins and bacteria has helped to weaken the immune system of most people in this country.

**Pro-Biotics Plus®, our best selling immune booster is the way to support your intestinal health while supporting a healthy immune system.**

- **3.60 billion live pro-biotics per capsule of the top five immune support strains**
- **Transfer factor from whole colostrum**
- **100% Daily Value of Albion AA chelated zinc and copper**
- **Beta Glucans 1.3 and 1.6**
- **Vitamin C from Amla fruit**
- **Pre-biotics**
- **IP6 (Inositol Hexaphosphate)-**
- **Our exclusive L.E.A.D.S.® Live Enzyme Activated Delivery System®**
- **100% Vegetarian**
- **Non-GMO**

### Nature Always Provides A Solution!

Pro-Biotics Plus® combines some of nature's most effective immune strengtheners into one easy to swallow capsule. It is a collective effort to maximize our natural immune defenses! It rivals other products by combining the strongest immune enhancing properties found in nature into one complete formula that is further enhanced by our unique cellular absorption system for maximum protection. With this combination of vitamins, minerals, probiotics and other healthy nutrients you can super charge your immune system while improving intestinal health.

**PRO-BIOTICS PLUS® Capsules** are safe and contain only the highest quality ingredients with the strictest manufacturing standards to ensure purity and efficacy. It is safe, all natural and there are no side effects.

**This is a formula you can trust.  
You'll begin to strengthen your immune system immediately.**

## Ingredient Overview

**Colostrum** - a special fluid secreted by the mammary glands of all mammals near the time of birthing that is rich in immune proteins, amino acids, lactoferrin, minerals, vitamins, enzymes and growth factors which support the immune system. Colostrum is made up of nonspecific proteins such as thymosin alpha 1 and B4, insulin, insulin growth factor, antistaphylococcal factor and others. These proteins help support our natural immune defense. These nutrients and immune factors

enhance the immune system and stimulate cell growth and repair. Colostrum was designed by nature to promote strength and good health. Colostrum for human use is harvested from dairy cattle, as the components are identical to that of human colostrum, except that bovine colostrum is more concentrated. Colostrum from the first lactation is highest in immune proteins and transfer factors; NWC uses whole bovine colostrum from the first lactation of New Zealand disease-free cows that have not been fed chemicals, antibiotics, pesticides or steroids.

"Bovine colostrum is biologically transferable to all mammals, including humans. It is much higher in immune factors than human mother's colostrum. Laboratory analyses of immune and growth factors from bovine colostrum are identical to those found in human colostrum, except that the levels of these factors are significantly higher in the bovine version." (Dr. Zoltan Rona, *American Journal of Natural Medicine*)

**Whole food Vitamin C from Non-GMO Amla Fruit** - also known as Indian gooseberry, is one of the richest natural sources of bioflavonoids and Vitamin C. Native to India, the plum sized fruit is revered for its anti-aging and immune enhancing properties. Each Amla fruit contains up to 700 mg of Vitamin C. The natural ascorbate is enhanced by the bioflavonoids and polyphenols contained in each fruit. In fact, researchers have shown that 8.7 mg of natural Vitamin C complex from Amla is equivalent to 100 mg of the most commonly used synthetic Vitamin C. (Arora, R.B. *Development of Unani Compounds from Herbal Sources, p234, 1985*). Vitamin C is an essential water-soluble nutrient that plays several key roles in maintaining health and immunity because it fights free radicals, protects DNA and combats the effects of stress.

**Pro-Biotics** - (including *Lactobacillus plantarum*, *Lactobacillus acidophilus dds-1* and *Bifidobacterium Bifidum*, *Bifidobacterium Longum*, *Lactobacillus casei*) are organisms and substances that help improve the environment of the intestinal tract. These organisms produce acids (such as acetic acid and lactic acid) and other compounds, which inhibit the growth of "bad" bacteria and promote "good" intestinal flora. Science supports that an important first line of defense in immunity is intestinal flora. Consulting with Dr Khem Shahani, NWC included five strains of "good guy" bacteria in this formula specifically chosen for their special benefits to the immune system. Along with preventing infective organisms from gaining a foothold in the GI tract, these strains of bacteria also enhance the activity of immune cells.

**Pre-biotics- Inulin IQ FOS (Fructooligosaccharides)** - One of the best-known probiotics, FOS is a class of simple carbohydrates found naturally in certain plants, such as Jerusalem artichokes, onions and bananas. FOS is known to promote the growth of

Supplement Facts		
Serving size: 1 Capsule Servings per container: 90		
	Amount per Capsule	%DV
Calcium (as Calcium Bis-Glycinate Chelate)	20 mg	2%
Zinc (as Zinc Bis-Glycinate Chelate)	5 mg	33%
Copper (as Copper Bis-Glycinate Chelate)	.66 mg	33%
Colostrum (milk)	150 mg	**
Amla Fruit extract	100 mg	**
Probiotic blend	90 mg	**
Bifidobacterium longum	720 million CFU ♦	**
Lactobacillus plantarum	720 million CFU ♦	**
Bifidobacterium bifidum	720 million CFU ♦	**
Lactobacillus casei	720 million CFU ♦	**
Lactobacillus acidophilus DDS-1	720 million CFU ♦	**
Beta Glucans mixed 1,3 and 1,6	50 mg	**
Fructo-oligosaccharides	150 mg	**
L.E.A.D.S.® A proprietary blend Amylase, Lipase, Cellulase	21 mg	**
Inositol hexaphosphate	2.5 mg	**

\*\*Daily Value (DV) not established

**Other Ingredients:** Vegetable Cellulose and Water

Amino acid chelates supplied by Albion Advanced Nutrition. Chelates covered by Albion International, Inc. U.S. Patents 4,599,152 and 4,830,716.

**live enzyme activated delivery systems**  
**L.E.A.D.S.®**

**100% Vegetarian Approved**

beneficial bacteria in the gastrointestinal tract. It has been shown to stimulate growth of Bifidobacterium in the colon facilitating good colonization. Supplementing with FOS can greatly increase metabolic activity in the colon and help relieve constipation and reduce the production of intestinal putrefactive substances. Healthy colon function is vital to a properly functioning immune system.

**Beta Glucans 1, 3-1, 6** - have potent immune stimulating properties that help with the production of macrophages, the large white immune cells that attack aberrant cells in the body and remove toxic debris. Beta glucans have also been shown to increase protection of the immune cells from the damage of radiation. Many in the medical community concede that the increase of the microbial killing activity of leukocytes and immune function, as a result of supplementing with Beta glucans, suggests a clear effect on supporting a strong immune defense.

**IP-6 (Inositol Hexaphosphate)** - a complex carbohydrate found in virtually all mammals, most cereals, nuts and legumes and that is composed of the sugar inositol with six phosphate groups, is a natural plant antioxidant. IP6 is one of the components of fiber that has been said to support good gastrointestinal health. Increased cellular levels of IP-6 have been linked to increased immune system activity. Additionally, IP6 has been shown to have potent antioxidant properties and to support normal kidney function as well as normalize cholesterol and lipid levels. IP6 has no known toxic effects.

**Zinc** - is a trace mineral occurring in the body in larger amounts than any other trace element except iron. It serves many functions including acting as a constituent to at least 25 enzymes involved in digestion and metabolism. It aids in the absorption of many vitamins, especially the B complex. Zinc is very important for proper function of the thymus gland and thymus hormones, as well as cellular immunity. Research indicates that the health of the body's natural killer cells may be dependent on zinc intake for normal growth and development. Zinc has been shown to enhance the immune system, reduce excessive levels of free radicals, stimulate cell growth and tissue repair and greatly contribute to overall health. Two capsules of Pro-Biotics Plus® supplies 100% of the daily value of zinc.

**Copper** - is necessary for the growth, development and maintenance of the bone, connective tissue, brain, heart and many other body organs. It is involved in the formation of red blood cells, the absorption and utilization of iron, and the synthesis and release of life-sustaining proteins and enzymes. These enzymes in turn produce cellular energy and regulate nerve transmission, blood clotting and oxygen transport. Copper stimulates the immune system to repair injured tissue and promote healing. Copper also helps to neutralize "free-radicals" which can cause severe damage to cells.

**L.E.A.D.S.®** - like all of NWC's products **Pro-Biotics Plus®** contains our exclusive **L.E.A.D.S.® Live Enzyme Activated Delivery System®**. It is NWC's delivery system that guarantees assimilation and utilization of the nutrients at the cellular level. **L.E.A.D.S.®** is a proprietary system of adding a blend of select enzymes to botanical and whole-food products for the purpose of improving the release and absorption of nutrients contained in these products.

This special blend of supplemental enzymes works to extract the nutrients from the formula in the most bioavailable form so the body can use them easily and efficiently. The **L.E.A.D.S.®** enzyme delivery system is formulated to match the specific needs of each individual product made by Natural Wellness Centers of America Inc. and is based on a unique and proprietary method. It is

## The Wonder of Probiotics



A 30 Day Plan to

Boost Energy,

Enhance Weight Loss,

Heal GI Problems,

and Prevent Disease

John R. Taylor, N.D. and Deborah Mitchell

Pro-Biotics Plus® is formulated

By the author of

"The Wonder of Probiotics"



especially beneficial with products providing a whole-food source of vitamins and minerals.

# Questions

## 1. What type of research is behind the Pro-Biotics Plus ® formula?

Pro-Biotics Plus ® combines the latest research and clinical studies on immunity into one powerful formula. Each ingredient has been independently researched by the most respected names in its field. For example, the probiotics in Pro-Biotics Plus ® were selected after consulting with Dr. Khem Shahani from the University of Nebraska. Dr. Shahani is recognized as the world's foremost authority on beneficial bacteria supplementation and is a pioneer in the discovery of DDS-1 Acidophilus. Pro-Biotics Plus ® is a formula you can trust because its ingredients are clinically tested and proven.

## 2. Are there any side effects?

Pro-Biotics Plus ® has no known side effects.

## 3. If I am on medication can I safely use this formula?

Pro-Biotics Plus ® is safe to take with medications. There are no known drug interactions and the ingredients do not alter the action of any medications.

## 4. I already take a multivitamin and vitamin C, why take this formula in addition?

Multivitamins provide general nutritional support to the body but don't specifically support the immune system. While vitamin C positively affects immunity, most over-the-counter vitamin C supplements are ineffective because they are made up of a synthetic form of vitamin C known as ascorbic acid. The synthetics found in many of these products can actually work against the immune system by causing stress to the body. Pro-Biotics Plus ® uses only whole food vitamin C, not synthetic, along with other proven immune boosting nutrients for a super charged formula.

## 5. I heard that you should not take immune boosters daily. Is this true?

This is not true for Pro-Biotics Plus®. Products that contain herbs such as Goldenseal and Echinacea should not be used over long periods of time because they are not supportive of the immune system but rather force it to react, potentially causing an imbalance and over activity. Pro-Biotics Plus ® contains none of these herbs and can safely be taken every day.

## 6. Can I give Pro-Biotics Plus ® to my children?

Yes, this formula is safe for most people. For children less than 8 years of age use half the recommended adult dose. Check with a pediatrician before giving to a child 3 years or younger.

## 7. I am pregnant or nursing. Can I safely use this formula?

Pro-Biotics Plus ® is safe. However, you should always check with your doctor before beginning any supplementation program while you are pregnant or nursing.

## 8. If I have an autoimmune disease can I still take Pro-Biotics Plus®?

Yes. It's safe to take, has no side effects and does not negatively impact medications. It can greatly enhance a depressed immune system. However, you should consult your physician before beginning any supplement program when suffering from a chronic condition or disease.

## 9. Why should I take this formula with a meal?

Pro-biotics implant much better when they travel with food. It gives them more opportunity to jump off the train, so to speak, and set up camp. Also, all the other nutrients will absorb better when they go through the intestinal tract slower.



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